



HAPPY NEW YOU!

**Join us for our New Year Weight-Loss Challenge!
Become Healthy, Fit, and Happy in 2018! Take off
those holiday pounds and find a healthier You!**

Educational presentations, motivational tips, and a variety of classes will help you on your journey to better health.

Sign-up between Jan 2 to Jan 15.

Members— \$20.00

Non-members— \$40.00

(included in the \$40 non-member fee, each participant may enroll in 1 member benefit class during the month of February at no additional cost)

Prizes: Top Female and Top Male in Weight Loss Percentage

(Each will receive 25% of total money taken in)

