



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gym Schedule

January 2 - February 26

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00a	Open Gym 5:30a-9:00a		Open Gym 5:30a-9:00a		Open Gym 5:30a-9:00a		
6:00a							
7:00a							
8:00a							
9:00a	Pickleball 9:00a-12:00p	Open Gym 5:30a-4:30p	Pickleball 9:00a-12:00p	Open Gym 9:00a-12:00p	Open Gym 5:30a-4:30p	Pickleball 9:00a-12:00p	Open Gym 9:00a-12:00p
10:00a							
11:00a							
12:00p	Open Gym 12:00p-4:00p		Open Gym 12:00p-4:30p		Open Gym 12:00p-4:30p	Upward Basketball 8:00a-5:00p (Gym Closed)	Pickleball 1:00p-3:00p
1:00p							
2:00p							
3:00p							
4:00p	Private Vball 4:00p-5:00p	After School 4:30p-5:30p	After School 4:00p-5:00p	After School 4:30p-5:30p	After School 4:30p-5:30p		Open Gym 3:00p-5:00p
5:00p	Upward Basketball Practice 5:00p-7:00p		Upward Basketball Practice 5:00p-7:00p		After School 4:30p-5:30p		
6:00p	Open Gym 5:30p-7:00p	Pickle-ball 7:00p-10:00p	Open Gym 7:00p-10:00p	Pickle-ball 7:00p-10:00p	Open Gym 7:00p-10:00p		
7:00p	Open Gym 5:30p-8:00p						
8:00p							
9:00p							
10:00p	Open Gym 7:00p-10:00p		Open Gym 7:00p-10:00p		Open Gym 5:30p-8:00p		

*All YMCA schedules are subject to change.

Walking track is still open all day. Please walk with caution. Track must be left clear for walkers.

